

BREAKFAST MENU

Served until 12 noon



EMBERS FULL GRILL BREAKFAST £7.95

Two bacon, two sausages, mushroom, egg, tomato, beans, potato bread & toast. Includes tea/filter coffee

EMBERS 3 PIECE BREAKFAST £4.95

Egg, bacon, sausage & toast. Includes tea/filter coffee

CREATE YOUR OWN FRY Items 80p each

Bacon, sausage, poached/fried egg, potato bread, beans, white/granary toast, tomatoes, mushroom

Premium Items

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| -Toasted bagel/muffin £2.50 | -½ smashed avocado £1.60 |
| -Soda farl £1.50 | -Scrambled egg £1.60 |
| -Gluten free/wheaten toast £1.25 | -Smoked salmon £2.95 |
| -Jam/Marmalade 50p | -Spinach £1.60 |
| -Maple Syrup/Cream cheese 80p | |

EMBERS FULL SODA FARL £5.50

Two slices of soda (fried or toasted), sausage, bacon & a fried/poached egg.(Scrambled egg +80p)

BREAKFAST BAGELS

Bacon, sausage & egg(fried/poached) £4.95
(Scrambled egg +80p)

Cream cheese & bacon £4.95

Cream cheese, salmon & scrambled egg £7.50

AMERICAN STYLE PANCAKES & WAFFLES

Two pancakes/waffles & maple syrup £3.75

Two pancakes/waffles, fresh fruit & maple syrup £4.95

Two pancakes/waffles, bacon, sausage, fried/poached egg (scrambled +80p) & maple syrup £5.95

FRENCH TOAST & BACON £5.95

Two slices of fried egg bread served with two slices of bacon & maple syrup

S'MORES FRENCH TOAST £5.95

Chocolate spread & melted marshmallows, sandwiched between fried French toast

PORRIDGE £3

Add fruit, syrup or seeds for 80p each

SMOOTHIE BOWL £5.50

Blended fruit, yoghurt & maple syrup, topped with granola & fresh fruit (Whey protein +80p)

AVOCADO SMASH £6.50

Smashed avocado on toasted wheaten bread. Topped with poached eggs, cherry tomatoes, chilli flakes & a lime wedge

3 EGG OMELETTE £5.75

Choice of 3 fillings:Chicken, ham, cheese, onion, mushroom, peppers, tomato,sweetcorn, spinach(+80p) or salmon (+£2)

EGGS BENEDICT

Toasted English muffin topped with poached eggs & Hollandaise sauce.

-with ham £6.25

-with salmon £8.25

-with spinach £6.95

PLAIN / FRUIT SCONES £1.75

Served with butter & jam (Cream +50p)

SPECIALITY SCONES £2.25

Blueberry & White Choc/ Cherry/ Apple & Cinnamon/Raspberry&Walnut/Lemon&Poppy Seed

FRESHLY BAKED CROISSANT £2.50

Served with butter & jam

FRESHLY BAKED MUFFIN £1.95

Chocolate/ Mixed Berry

SELECTION OF TRAYBAKES £2

Snickers Square

Malteser Square

Rocky Road

Caramel Square

Fifteen

Marble Brownie

Cranberry Square

Shortbread

Oatmeal biscuit

Rice Krispie Square

Gluten free biscuit

Chocolate Cornflake Square

Jam Cornflake Square

(Ice-cream/Cream +50p)